

World Interfaith Harmony Week 2018 - Compassionate Listening Workshops

It was a pleasure for the URI Southern African Office to host Senior Certified Facilitator, Susan Partnow, from Seattle, USA, who is the

co-founder of Compassionate Listening.org. Susan is a former teacher and speech pathologist, author of *Everyday Speaking for All Occasions* and co-author of *Practicing the Art of Compassionate Listening*, as well as certified mediator and apprentice with Dominick Barter in Restorative Circle practice.

In collaboration with our CCs, we hosted two Compassionate Listening Workshops, one in Cape Town and one in Joburg. The Cape Town workshops were co hosted by GOAL and Cape Town Interfaith Initiative CC's. The Joburg workshop was hosted in partnership with United and Share for Peace and Prosperity (USPP) CC, and URI partner, the Turquoise Harmony Institute. This was an opportunity for members of our CCs as well as members our wider faith communities, to learn how to bring the powerful practices of compassionate listening into our daily lives, workplaces and communities.

The workshops were very experiential, giving participants practical tools of cultivating compassion, understanding conflict, and developing the skills to listen and speak from the heart. 22 people attended the workshop in Cape Town, and 34 people attended the JHB workshop.

In honouring World Interfaith Harmony Week, the practice of Compassionate Listening is core to building peace in our communities and between different faith traditions. It was a pleasure to host Susan and we are deeply grateful for her time and skills shared with us. It was also a wonderful experience being able to share with her a taste of our beautiful country.

Compassionate Listening

Healing our world from the inside out

Become a more powerful peacemaker in your family, community, and workplace

Learn how to bring the powerful practises of **compassionate listening** into your daily life, through this one day workshop in Johannesburg.

Led by Sr. Certified Facilitator Susan Partnow, who is the co-founder of Conversation Cafes, Let's Talk America, and Global Citizen Journey. She is a former teacher and speech pathologist, author of *Everyday Speaking for All Occasions*, and co-author of *Practising the Art of Compassionate Listening*, as well as certified mediator and apprentice with Dominick Barter in Restorative Circle practice. Susan is an organisational development consultant/trainer with over 25 years of experience and an M.A from North Western University.

5 Core Practices

- Listen with the heart
- Speak from the heart
- Suspend judgement
- Maintain balance in the heat on conflict
- Hold compassion for self & others

Date: **Saturday, 17th February 2018**

Time: **09H30 - 17h30**

Venue: **7th Floor, Radisson Blu Hotel
Cnr Rivonia Road & Daisy Street, Sandton**

RSVP: **rsvp@turquoise.org.za / 011 883 7169**

& Registration

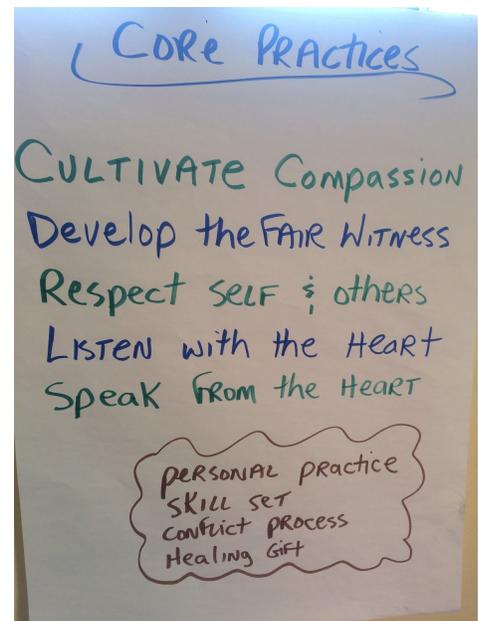
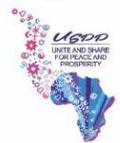
R100 participation fee

Scholarships may be available.

Please don't let cost be a barrier.

Pay when you arrive.

*Light lunch & refreshments will be served



Photographs from the workshops:

